

Causes and factors of the spread of drug abuse

The reasons that lead to drug use can be summarised as follows:

- **Lack of religious motivation:** The lack of religious upbringing from a young age, urging and following them to adhere to Islamic teachings, will have the effect of building an unbalanced and troubled personality that suffers from anxiety, obsessions and disorders, then it is easy for them to be influenced by people who use drugs, which deviates them from the path of truth and goodness to the path of corruption and misguidance. In addition to the wrong understanding of religious teachings in the behaviour of adolescents, it has been observed that they are more docile to those who push them in the name of religion to a certain behaviour that involves breaking the rules of society, so it can be said that both the wrong religious understanding or the lack of religious guidance are among the most important reasons driving drug use.
- **Bad Companions:** Many studies conducted in many countries of the world have shown that bad companions play a large and influential role in pushing each other to use drugs, and it is clear from most of these studies that bad companions constitute the first rank and high percentages in pushing individuals to use drugs, which confirms that bad companions and their company are one of the main factors in increasing the number of drug users and the demand for drugs and increasing the spread of drugs.
- **Feeling of emptiness:** Failure to invest free time in a meaningful and effective way becomes a corruption by individuals, especially if free time coincides with the unavailability of valid places that absorb the energy of young people such as clubs and parks, then these individuals should be taught different alternatives to enjoy their free time without resorting to drugs, such as: sports, music, and various hobbies: Sports, music, various hobbies, in order to benefit them and their society, as growth and progress depend on the intellectual level in which individuals live.
- **Abundance of money:** The availability of money in the hands of some individuals is not limited to eating some high-priced foods, but curiosity drives them to buy the most expensive drugs and alcohol in order to achieve false pleasure, which ultimately leads to the commission of a crime.
- **Staying out late:** Some may misinterpret freedom as absolute freedom, even if it harms them or others, and from this point of view, some stay out late at night, often in places that encourage drunkenness, drugs, and other taboos.

- Travelling abroad: Travelling abroad is a haven for individuals, especially young people, as there is often no monitoring or follow-up from their families, which makes them think about taking drugs, going to places of amusement and taking large doses of stimulants and narcotic substances without any accountability or accountability from any party.

- Social Problems : There are many worries and social issues that individuals are unable to bear, so some of them resort to taking some drugs and narcotic substances in the hope of escaping from reality and a real change in their psychological life, but the danger of such cases is perhaps more deadly than any other reason, as it doubles his psychological condition, making him addicted and consuming them continuously, which would cause serious damage not only to his body, but also multiply his worries and social issues.

- Causes due to the family:

The family is considered the first cell in society, from which the individual launches into the world around him with a specific upbringing and the customs and traditions he acquired from the family in which he was raised, so care for the family and concern for its safety remains a goal, because a child who lives in a solid and cohesive family remains firmly bonded and sober against all temptations and behavioural deviations.

The results of drug use have shown that the lack of stability in the family atmosphere, represented by the low level of reconciliation between parents, and the escalation of disputes between them to the point of abandonment and divorce, sometimes generates a sense of disinterest in the individual's parents. Some of the reasons that go back to the family and contribute to drug use:

- Bad parental role models: This factor is considered one of the most important factors that push young people to use drugs, due to the shameful behaviour of parents in front of their children, which causes a violent psychological trauma to the children, leading them to try to imitate their bad behaviour.

- Parental addiction: Drug abuse or addiction in the family is a serious issue that threatens family life, security and stability, as the father's drug use causes social, economic and value-based issues and challenges facing all family members individually and collectively, and reflects negatively on the components of family cohesion, cohesion and harmony In the case of the mother's drug use, the picture becomes more ambiguous and confusing in front of children, as the situation in this case becomes tragic and disgraceful in behaviour and interaction, because

imitating the mother's behaviour and imitating her in her actions is closer for children than others, and more acceptable, palatable and practiced.

- Parental preoccupation with children: The preoccupation of one of the parents from raising their children, especially in the early stages of time, with the motives of travelling abroad, or achieving financial return, will only bring them loss and falling into addiction, and the consequent serious damage to the children such as addiction, moral collapse and other psychological issues that affect them as a result of the absence of proper upbringing by their parents. In addition to cases where the mother is absent from the home for varying periods of time, short or long, children in this case find only the street to spend their time, without distinction with the negative values and behaviours of their peers and others, which become the dominant characteristic of them, which they practice intentionally or unintentionally

- Frequent use of drugs and medications by parents: The constant use of drugs by parents in front of their children in public, and the availability of drugs in the home in the sight of children, young and old, creates a positive feeling towards their use, generates convictions of their harmlessness, and instils in them a concept of permissibility and not prohibition, because the experience in front of them suggests Thus, the legitimacy of children's use of drugs and narcotic substances becomes a permissible matter that does not require punishment or reprimand by the parents as long as the family behaves in this way, so there is nothing wrong for children to do this act in front of their family or elsewhere.

- Excessive cruelty to children: This method relies on the use of very harsh words of threats, intimidation, scolding and shouting, and may be based on physical coercion such as beating, torture, and physical abuse, and sometimes this happens when verbal speech fails to reach the goal. This method of parenting creates in children an aversion and escape from reality, and leads them to a sense of inadequacy and confusion, making it easier to lead them to deviance and push them into the path of corruption and drug use.

- Reasons due to society:

The presence of some places of amusement in some societies:- Some societies are keen to ensure that places of amusement are recreational areas that members of society visit to recreate themselves from the pressures and complexities of life, but some operators are sometimes keen to distort them by introducing intoxicants and some narcotic drugs with the aim of achieving the

largest possible amount of huge profits at the expense of providing psychological comfort to people, as well as exploiting them in various ways and means under false pretexts and arguments that the human mind cannot bear or understand, whoever wants to spoil human minds and trade in them does not seek to provide comfort for them.

Foreign workers and drug use: - The recruitment of foreign workers, especially from various Asian countries to the Gulf countries during the last ten years has brought many deviant behaviours, the most prominent of which is the habit of using drugs of various types and methods.

The results of the study conducted by researcher Mohammed Al-Otaibi entitled: " The role of expatriate labour in promoting drugs from the point of view of workers in the General Directorate for Combating Drugs," revealed that the most common nationalities of expatriate labour promoting drugs are Pakistani, Afghan, Syrian and Yemeni, in addition to some of the methods and techniques used by expatriate labour in promoting drugs, such as hiding narcotic substances in safe places, recruiting some weak souls to help them sell and promote them, as well as renting apartments and using them as dens for selling and promoting drugs.

- Means of communication: By general means of communication, we mean those means that help people communicate with the surrounding external world, whether this world is local, national or international, and perhaps the most important of these means are publications in general, including magazines and books, then audio-visual media such as radio, television, cinema and video.

Many researchers believe that some media, such as radio, television and cinema, may sometimes lead to addiction, especially those films whose content focuses more on drug use or drug trafficking than on highlighting the negative aspects that are often carried out by a character or characters popular with the viewer, in addition to the quality of films and series that show a life of luxury and extravagance at the expense of values and morals, which creates a contradiction between the aspirations of young people and the lack of the necessary means to enable them to achieve these aspirations, which leads to the development of addiction.

Do not forget the advertisements displayed on media outlets such as: Television and other media that have contributed in one way or another to encouraging trends towards drug use, such as alcohol advertising, in order to

achieve the goals presented in the advertisement, namely the destruction of the main element of strength and development, namely youth.

- The school: The school is considered a social educational institution, but it may fail to fulfil its functions, and this may be due to multiple factors that may be due to the juvenile or due to the school or due to both, but the mistreatment and cruelty of teachers may make the school a conditional trigger for pain and punishment, and the child finds in escaping from school. In this case, the school becomes less attractive to some students, who find the environment outside the school more enjoyable to fulfil their desires, so they flee from school to attractive areas, which facilitates their exposure to delinquency, especially if they meet with bad friends in and outside the school. The school as a social institution does not work alone, but it is part of the general culture of the society in which it operates, and its conditions are the conditions of that society. If it exists in a disintegrated delinquent society and in corrupt neighbourhoods, it will undoubtedly not find those around it who protect it from the impact of these inappropriate social conditions, and therefore it is unable to protect its children from exposure to those delinquent behavioural patterns that are common around them.

These reasons can be summarised as follows:

1- Weak religious conscience:

Religious conscience is one of the main factors that control the behaviour of individuals and their dealings, as the relentless pursuit of civilisational achievements, the attempt to benefit from the rapid technical progress that has shortened geographical distances, eliminated natural borders between countries, and the communication of societies with each other, all of this has contributed to the disintegration of religious conscience and thus led to the commission of taboos, including drug dealing. In my opinion, religious conscience is the basis of protection from all dangers and preserving the human being with the highest degree of honour and dignity away from committing crimes and abominations, as the matter is not limited to drug dealing crimes but extends to all types of crimes, and this reason - weak religious conscience - cannot be separated from any of the other reasons that will be mentioned later.

2- Economic reasons:

As the poor material conditions in any society and the low standard of living lead to the inability of the individual to secure his basic needs, and if this is coupled with a weakness in that individual's ability to endure; it will undoubtedly

lead him to commit crime to improve his living situation, and drug dealing, whether it is trading, smuggling or promotion, is considered the best of these crimes and the fastest way to reach wealth.

3- Social reasons:

Drug crime, like any other crime, may be generated as a result of homelessness resulting from ongoing family problems and family disintegration. Divorce or even just continued disagreements between parents often lead to the destruction of the psyche of children and their exit from schools, thus throwing them into the street to throw them wherever the circumstances wish.

Also, the low level of culture among some people may push them to practice illegal means to compensate for this deficiency and achieve a sense of equality with others.

4- Low level of health:

The low level of health and poor handling of medicine is one of the most prominent features of the developing society, and the misuse of this medicine and resorting to it without a doctor's advice often leads to access to psychiatric substances that have become the most misused substances and thus reversing the positive effect to a negative effect that may lead to addiction.

5- Poor awareness and education (ignorance of the harms of drugs):

Many promoters resort to deceiving young people and driving them to use drugs by convincing them of their benefit to them in terms of strengthening and energising the body and giving them tremendous energy ... Many promoters take advantage of the lack of knowledge among this group in knowing what these substances are and realising their dangers and harms, and that what the promoter intends is an immediate or quick effect that does not last more than a few hours and is not repeated more than once or twice at most, but he hid the fact that these substances lead to psychological and physical dependence (addiction), so that the person loses that quick effect and the real effect of drugs begins, which are the dangers that all anti-drug authorities in the world are trying to face and confront.

7- Absence of the role of other organisations:

Some official and private entities still mistakenly believe that the process of combating drugs and limiting their spread is limited to the DEA alone, and therefore they do not fulfil their duties towards this issue. The process of combating drugs is a series of interconnected links to form a wall that limits the

deadly advance of this issue, and each link in this chain is the role of an institution, training institute, association or body, in short, these roles are an indivisible whole.

Many studies identify the causes of drug use and prevalence among youth as the following factors:

- Lack of proper education and socialisation:

The first cause of youth delinquency is improper upbringing on the part of the parents. A child is like a blank page on which you can draw whatever you want. If his upbringing is based on the foundations and principles of the Islamic religion from the beginning, the result will be a righteous person, God willing. If the child finds the father smoking, for example, and he considers this father a role model for him, it will be difficult to convince him not to smoke, because how can the father prevent his son from something he does, and as it was said in the old saying, the lack of something does not give it, and vice versa, if the father has good morals, the result is the formation of righteous children. It is incumbent upon fathers to take care of what Allah has entrusted to them, as the Prophet (peace be upon him) said: "All of you are shepherds, and all of you are responsible for your flock: A man is a shepherd over his family and is responsible for them, a woman is a shepherd over her husband and children and is responsible for them, and a slave is a shepherd over his master's money and is responsible for it, so all of you are shepherds and all of you are responsible for your flock.

2- Emptiness among young people and its seriousness:

How many people spend their time without any benefit or benefit, and because emptiness is a killer of time, especially the time of youth, which is the most precious thing, the interest in it is more intense, as it is known that man will be asked on the Day of Judgement about his time and what he spent it on, the Prophet said: "The feet of the son of Adam will not be removed on the Day of Judgement from his Lord until he is asked about five things: his life, what he spent it on, his youth, what he spent it on, where he earned it from, what he spent it on and what he did with what he knew." (The Prophet (peace be upon him))

Emptiness in one's life is a serious matter, and a great evil, especially for young people. Emptiness, if not directed for good, causes many problems, so they must fill their time with what benefits them and their nation, otherwise it will be their undoing. Emptiness may lead its owner to take drugs if he does not use it for what benefits him. Emptiness is a blessing for a slave if he uses it for what benefits

him in his worldly and eternal life, but if the young person does not take advantage of it, it turns from a blessing into a curse, and from a gift into a misfortune, and becomes a frightening spectre that turns the young person into a plaything of deviants and criminals, the Messenger of Allah said: The Messenger of Allah, may Allah be pleased with him, said: "Two blessings in which many people are deprived of are health and emptiness." Abdullah bin Mas'ud, may Allah be pleased with him, said: "I hate to see a man empty, not engaged in any of the work of this world or the Hereafter.

3- Accompanying bad companions:

The Prophet (peace be upon him) reportedly said: "One's religion is based on the religion of his companion, so let one of you see who he associates with." The Prophet (peace be upon him) said: "The parable of the good and bad companion is like the bearer of musk and the puffer of cumin, the bearer of musk : You will either buy from him or you will find a pleasant odour from him, and the puffer of cayenne: Either he will burn your clothes, or you will find a bad odour. Companionship or companionship is one of the social needs of every human being, because companionship is a psychological need inherent in the human psyche, and if the companionship is good, the human being will be good and vice versa, and vice versa, so a person must choose good companionship or companionship.

One of the most important factors in the fall of some young people into some vices, including the subject of this research (drug abuse), is the bad companionship that must be guarded against, as a bad companion may drag you to vice and keep you away from every virtue, and may lead you to scandal, shame and disgrace, or lead you to the prohibitions of smoking, drinking alcohol and drugs and the resulting deviations that threaten the life of the individual and his community.

4- The environment surrounding the youth:

The human soul is capable of good and evil, and has a predisposition to uprightness or deviation, and it is the environment that promotes and facilitates this, so the environment has a special influence on the human being, if the individual is raised in an environment that cherishes virtue and good morals, the human being becomes like that, and if he lives in an environment with moral and intellectual corruption, he becomes according to what is in it, as man is a child of his environment, influenced and affected by his social and cultural surroundings...

The Prophet (peace and blessings of Allah be upon him) said: 'Every child is born on instinct.

5- Media:

The media is a double-edged sword that can be useful and can be a factor of deviation, but what we see today through satellite TV, starting with movies and series, especially violent and pornographic ones, and other programmes and the deviations they spread, such as dancing, adultery, drinking drugs, theft crimes ... All this is nothing but a path to intellectual and behavioural deviation among young people.

These are some of the main reasons that lead to youth delinquency, and there are other reasons for the youth to fall into the spectre of drugs. These reasons are by way of example and are not exhaustive, as the topic is too big to be covered in this simple research.

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